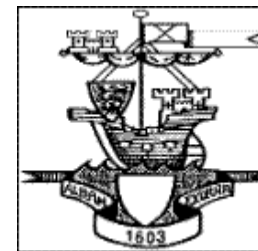




*sportwales
chwaraeoncyfwr*

5x60 Timetable January – April 2016



	<u>Sports Hall</u>	<u>Fitness Room / Dance Studio</u>	<u>School Field / Cage</u>	<u>Girls' Gym</u>	<u>After school</u>
<u>Monday</u>		Year 10 / 11 / 12 / 13			
<u>Tuesday</u>			Girls' Football With Ffion - Urdd Yr 7 + 8		Fitness Room for pupils Yr 10 / 11 / 12 / 13
<u>Wednesday</u>		Year 10 / 11 / 12 / 13			Badminton Club 3.30 – 5.00
<u>Thursday</u>					Fitness Room for pupils Yr 10 / 11 / 12 / 13
<u>Friday</u>	Basketball with Mr Jones Boys' Yr 7 + 8	Fitness with Ffion - Urdd Boys and Girls Yr 7 + 8			

