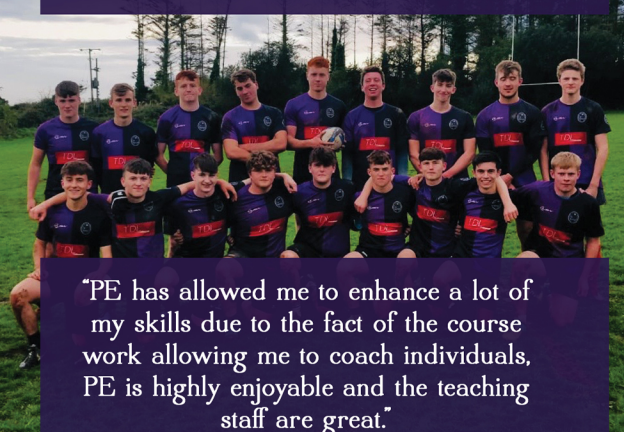




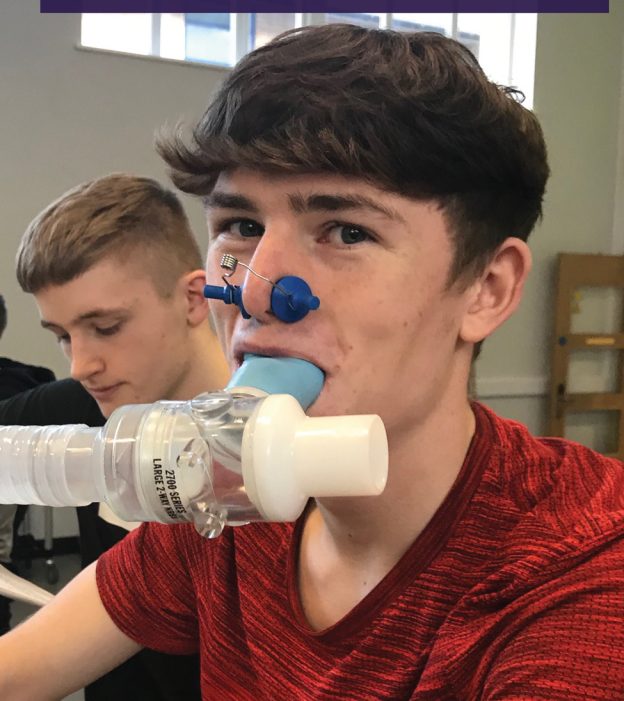
"I've enjoyed this subject a huge amount, there are many aspects to PE and there's a lot more to it than you think. It's given me a chance to learn about things I didn't know were a part of the subject."

William Brown



"PE has allowed me to enhance a lot of my skills due to the fact of the course work allowing me to coach individuals, PE is highly enjoyable and the teaching staff are great."

Tom Whall



Physical Education

Why study Physical Education?

The course provides many different opportunities to develop research skills through physical activity and sport. Current issues relating to sport and society are researched in addition to sport physiology, sport psychology and skill acquisition. Not only will you have the chance to perform and coach a sport through non examination assessment, you will also develop knowledge into physical activity and sport. The combination of academic studies and physical activity provides an opportunity for students to improve performance and coaching through application of theory.

Entry requirements

Securing a B grade in GCSE Physical Education, Science and Welsh or English will guarantee your place on this course. C grades in these subjects may be accepted following a meeting with the head of department and head of sixth form. In addition to the grades, you need to be competing in at least one physical activity on a weekly basis.

Course details and assessment format

AS

Unit 1: Exploring physical education

Written examination: 1 ¾ hours (60% of AS qualification)

Unit 2: Improving personal performance in physical education

Performance in one activity as a player/performer and as a coach or referee.

A personal performance profile is completed too.

Non examination assessment (40% of AS qualification)

A Level

Unit 3: Evaluating physical education

Written examination: 2 hours (36% of whole qualification)

Unit 4: Refining personal performance in physical education

Practical performance in one activity as player/performer, coach or referee.

Investigative research will also be completed.

Non examination assessment (24% of whole qualification)

Skills which are developed and possible progression

You'll develop transferable skills such as decision making under pressure, psychological understanding of people, independent thinking, problem solving and analytical skills. A level Physical Education is an excellent base for a university degree in sports science, sports management, healthcare, or exercise and health. The course can open up a range of career opportunities including sports development, sports science, sports coaching, physiotherapy, personal training and teaching. The course can be useful if considering a career in public services too.

