

MID MORNING BREAK

FRESH & COOL

Pineapple
Pot

Grape
Pot

Granola, Yoghurt
& Berry Compote

Peaches, Granola
& Yoghurt

Cucumber Sticks
with Houmous

Carrot Sticks
with Houmous

HEARTY & HOT

Bacon & Egg
English Muffin

Spinach & Egg
English Muffin

Margherita
Bagel Pizza

Cheese Panini

Pesto Pasta

Waffle

Toast with Spread

SIMPLE & TASTY

Cheese &
Ham Sandwich

Chicken Mayo
Sandwich

Cheese
Sandwich

Ham
Baguette

Tuna Mayo
Baguette

Cheese & Tomato
Baguette



Fruity!



Nutritionist's Choice



Vegetarian



Oily Fish



Wholegrain



Halal