



### CYHOEDDIADAU 5x60 5x60 ANNOUNCEMENTS

**Athletau Dan Do** – pob dydd Llun ar ôl ysgol 3.30pm – 4.30pm ac amser cinio dydd Iau 12.30pm -1.30pm.

**Clogfeinio** – Gwersi clogfeinio ar gael i ddisgyblion Ysgol David Hughes. **Y Tîm** – Mollie Davies, Tesni Lloyd Jones, Alis Fflur Jones, Niamh Colley, Isabelle Byers, Luke Krinjen, Davey Brooks, Jack Brooks, Sam Roberts, Cameron Owen a Mathew O’Hanlon Elms.

**Boxercise** – Gwersi Boxercise pob amser cinio dydd Mawrth ar gael i ddisgyblion blwyddyn 7 a 8 yn y neuadd chwaraeon.

**Tag Rygbi** i bechgyn a genethod blwyddyn 7 a 8 pob dydd Iau 4.00pm – 5.00pm – pawb sy’n mynychu am 4 wythnos neu fwy yn cael hoodie 5x60 am ddim.

**Dawnsio Stryd** amser cinio (12.30pm – 1.30pm) pob dydd Iau i genethod bl 7,8,9, 10 a 11 – pawb sy’n mynychu am 4 wythnos neu fwy yn cael hoodie 5x60 am ddim.

**Gwersi Pêl fasedd** ar ôl Ysgol pob nos Fawrth 3.30pm – 4.30pm a Criced amser cinio dydd Iau 12.30pm -1.30pm yn y neuadd chwaraeon – ANGEN MWY I TROI FYNY I SEFYDLU TIM!

**Clwb Badminton** Ysgol David Hughes pob nos Fercher 5.00pm -6.00pm yn y neuadd Chwaraeon – croeso cy nes i unrhyw ddisgybl.

Am sawl sesiwn / gwers 5x60 gwelwch yr amserlen newydd am 2013!

**Indoor Athletics** – Every Monday after school 3.30pm – 4.30pm and lunchtimes on Thursday 12.30pm – 1.30pm.

**Bouldering** – Bouldering lessons available for Ysgol David Hughes pupils. **The Team** – Mollie Davies, Tesni Lloyd Jones, Alis Fflur Jones, Niamh Colley, Isabelle Byers, Luke Krinjen, Davey Brooks, Jack Brooks, Sam Roberts, Cameron Owen a Mathew O’Hanlon Elms

**Boxercise** – Boxercise sessions every Tuesday for pupils in year 7 and 8 in the sports hall.

**Tag rugby** for boys and girls in years 7 & 8 every Thursday 4.00pm – 5.00pm – anyone who attends 4 times or more will get a free 5x60 hoodie.

**Street Dance** lunchtime (12.30pm – 1.30pm) every Thursday for girls in years 7,8,9,10 and 11 – anyone who attends 4 times or more will get a free 5x60 hoodie.

04/02/2013

**Basketball** sessions every Tuesday 3.30pm – 4.30pm and Cricket lunchtimes 12.30pm – 1.30pm in the sports hall – NEED MORE PUPILS TO ESTABLISH A TEAM.

**Badminton club** at Ysgol David Hughes every Wednesday 5pm-6pm in the sports centre - Warm welcome to any pupils interested.

For various other sessions and activities please see the new 5x60 timetable for 2013.

### CHWARAEON/SPORTS

Pelrwyd dan 18 Môn

YDH 17 v Bodedern 18

YDH 5 v Llangefni 21

### CERDDORIAETH/MUSIC

Yn ystod mis Ionawr a Chwefror bydd disgyblion cerdd blwyddyn 12 yn ymgymryd â phrosiect arbenning mewn cydweithrediad â Gwyl Gerdd Prifysgol Bangor.

Caiff y disgyblion y fraint o gyfansoddi darn arbenning ar gyfer y delynores enwog Catrin Finch a'i band yn ogystal â'i berfformio yn Neuadd Powis ar ddechrau Mawrth. Bu'r disgyblion yn cymryd rhan mewn gweithdy gyda Catrin a'r cyfansoddwyr Guto Puw ac Owain Llwyd yn Ysgol David Hughes.

Edrychwn ymlaen yn eiddgar at glywed y cyfansoddiad o waith y disgyblion

During the months of January and February year 12 pupils who take music will be taking part in a very special project in conjunction with the Bangor University Music Festival.

The pupils will have the honour of composing a piece of music specifically for the famous harpist Catrin Finch and her band and will also be performing in Neuadd Powis at the beginning of March. They will also be taking part in a workshop with Catrin and the band, Guto Puw and Owain Llwyd at Ysgol David Hughes.

We look forward with great anticipation to hear the final composition.